

January 28, 2009

Dear Medical Care Professional,

Alligator feet are crinkly, wrinkly, and painful. Each step brings knife point stabs. Fissures expose skin layers seen only with a surgeon's knife. These are a few of my experiences with psoriasis. Medical care followed this order:

1. Several months were spent pursuing treatment with a dermatologist prescribing creams.
2. A powerful acitretin taken orally was combined with the application of prescribed creams. This was continued for more than 16 months.
3. A Podiatrist observed the skin build-up, but provided no relief
4. Psoralen and ultra violet radiation (PUVA) was added to the second treatment. These treatments began about 4 months ago and originally were provided two times per week.
5. Two months after beginning PUVA treatment, care by Athena Elliott, a Medical Nail Technician, was added. Her removal of the built-up dead skin has made the PUVA treatment more effective and visits have been gradually reduced to one treatment every other week.

Please, carefully consider adding the care provided by a Medical Nail Technician to your treatment options for patients suffering from psoriasis or other similar medical problems on their feet or hands.

Sincerely,

A. Hahn